The Safe Way to Put Your Baby to Sleep

For Safe Sleeping, a Baby Should be:

Alone

On their **B**ack

In a safety-approved **C**rib

Nothing in Crib:

- No stuffed toys, dolls, pillows, blankets, bumpers, bottles or food

- No smoking around baby

- No co-sleeping with parents or siblings

For additional baby safety tips, visit
stonybrookchildrens.org/babysafety

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